

# Measuring Medicine

## Tips to accurately measure your child's medication:

- Shake liquid suspensions well before measuring; the medicine may have separated from the liquid.
- Do not use kitchen spoons to measure teaspoonfuls or tablespoonfuls; the average kitchen teaspoon could measure between 3ml and 7ml.

### Dosage cups

For children who can drink from a cup;  
Measure at eye level on  
a flat surface.





## Dosing Spoon

For children that can sip, but are still prone to spill; measure the liquid at eye level.

## Droppers

For younger children, unable to drink from a cup; medicine must be given quickly to prevent drips.



## Syringe

For younger children; allows you to squirt the medicine into the back of the child's mouth.



*Ask your pharmacist to provide an appropriate measuring device with your child's medication.*